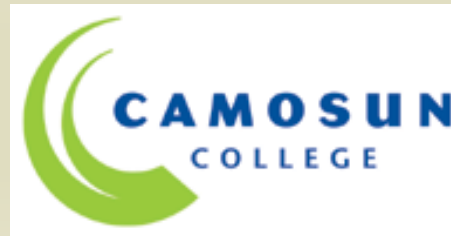


Motives of Migration and Cultural Influences for International and Immigrant Students' Psychological Adaptation in Canada

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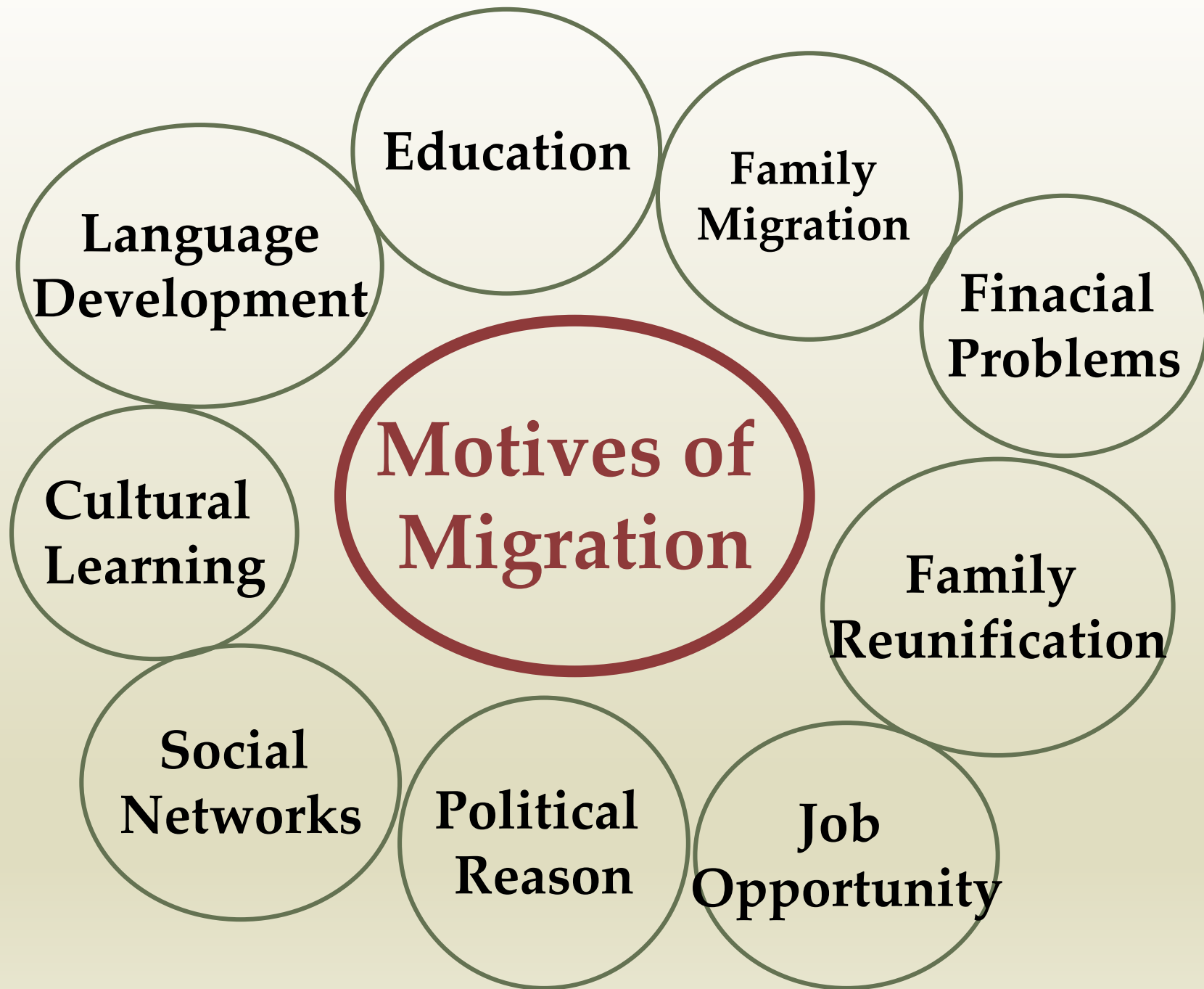


ME



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Research Questions of Present Study

RQ#1: whether people come from different cultures experience different levels of stress and psychological adaptation?

RQ#2: whether different types of motivations would have impacts on migrants' stress levels and their adaptation?

Participants

- University students (N = 106)
- Female (N = 80)
- Age ranged from 18 to 27yrs ($M = 20.18$, $SD = 1.94$)
- East Asian (44.3%), Southeast Asian (14.2%), Middle Eastern (7.5%), European (21.7%) and African (3.8%). Americans (South, Central and North, 8.5%)

Procedure

- SONA system
- Poster distribution
- Came to Lab to complete an online survey

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Measurements

- Includes Self-Construal Scale, Vancouver Index of Acculturation, Bio-Psycho-Social Health Index Revised, Satisfaction With Life scale, Positive Affect and Negative Affect
- One open-ended question: why did you come to Canada?(please describe)

Different Cultural Selves

Independent construal of the self

- Individual's behavior is organized meaningful depending on one's own internal thoughts, feelings and actions.
- e.g. autonomous, individualistic, independent, egocentric, separate and self-contained

Interdependent construal of the self

- Individual's behavior is determined on the thoughts, feelings, and actions of others in relationship.
- e.g. sociocentric, holistic, collective, contextualist, connected and relational

(Markus & Kitayama, 1991)

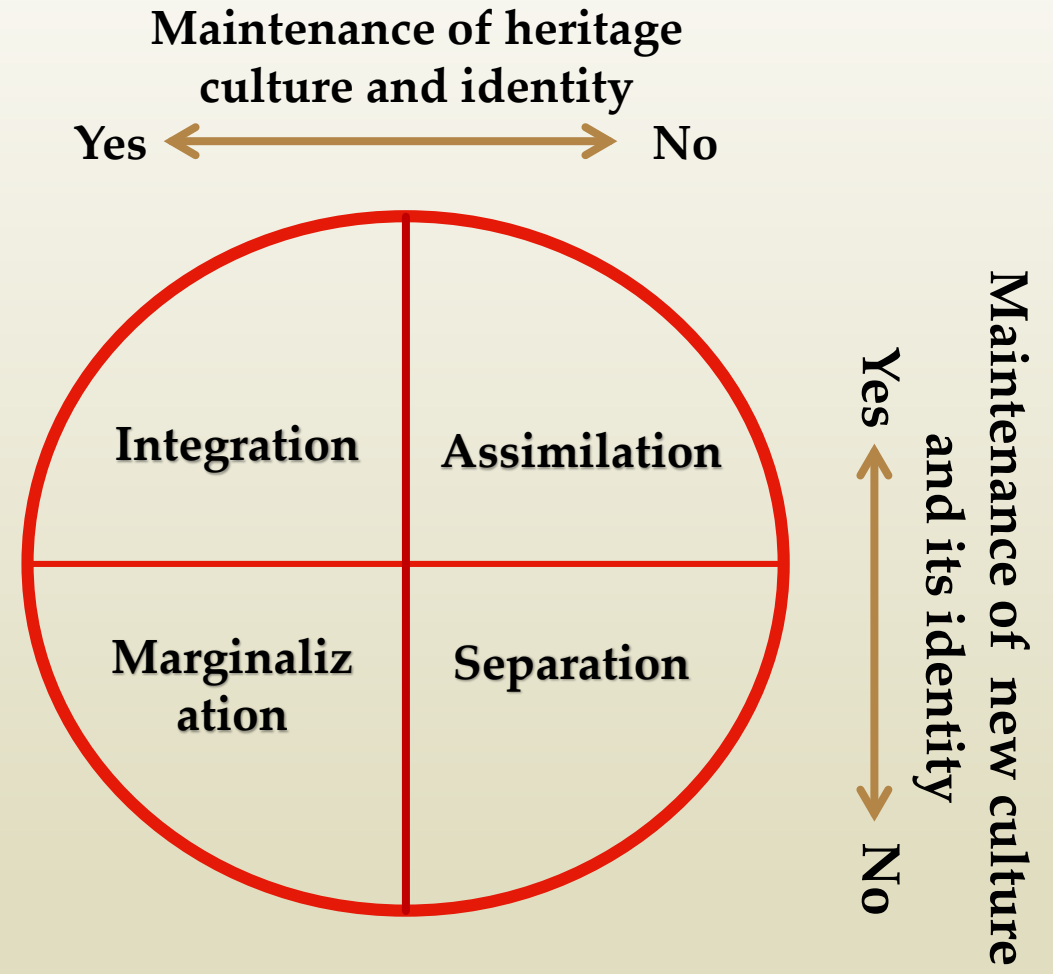
Acculturation

Changes in a cultural group or individuals as a result of contact with another cultural group.

Acculturative Stress

A negative psychological reaction to the experiences of acculturation

(Berry et al., 2011)



RQ#1: Do people come from different cultures experience different levels of adaptation?

Result#1: Self-Construal & Acculturative Stress

	Psycho_Strees	Bio_Stress	Social_Stress	Acculturative Stress
Interdependent Self-Construal	0.305**	0.279**	0.205*	0.316**
Independent Self-Construal	- 0.346**	- 0.208*	- 0.444**	- 0.407**

Note: *p < .05, ** p < .01

Result#2: Self-Construal & Adaptation

	Heritage Identity	Canadian Identity	Life Satisfaction	Positive Affect	Negative Affect
Interdependent Self-Construal	0.242*	0.045	- 0.069	- 0.029	0.181
Independent Self-Construal	0.103	0.329**	0.403**	0.449**	- 0.289**

Note: *p < .05, ** p < .01

Push/Pull Motivations

Pull Motives (voluntary migration)

- Improving standard of living
- Pursuing a higher level of education
- Reuniting with family
- Accepting a better job offer

Push Motives (involuntary or force migration):

- Political turmoil in home country
- Decay of one's home environment



(Patt, 2013)



RQ#2: How different motives of migration influence migrants' adaptations?

Result#1: Voluntariness & Adaptation

- Studied question: Why did you come to Canada? (Please describe)
- Using five-point Likert-type (1= Strongly involuntary to 5 = Strongly voluntary) to code participants' answers

e.g. "I don't know. Wasn't my choice" → 1

Voluntariness does not have any significant correlation with acculturative stress, life satisfaction or positive/negative affect.

Result#2: Case studies

Education

Participant#1: To study upper level since it has better education system (Thailand)

Interdep-SC	Indep-SC	Canadian Identity	Heritage Identity
High	Low	Low	Low
Acculturative Stress	Life Satisfaction	Positive Affect	Negative Affect
High	Low	Low	High

Improve of Standard Living

Participant#2: My family moved to Canada for a better lifestyle. My parents thought that Canada could provide us with more opportunities than we would have had if we stayed in England.

Interdep-SC	Indep-SC	Canadian Identity	Heritage Identity
High	Moderate	High	Moderate
Acculturative Stress	Life Satisfaction	Positive Affect	Negative Affect
Moderate	High	Moderate	High

Political Turmoil

Participant#3: Home country was very corrupt and women were not respected (Azerbaijan)

Interdep-SC	Indep-SC	Canadian Identity	Heritage Identity
Moderate	Moderate	High	Low
Acculturative Stress	Life Satisfaction	Positive Affect	Negative Affect
Moderate	Low	Low	High



Discussion

Limitations:

- Culturally heterogeneous sample
- Demographic factors
- Self-report

Future Research:

- Longitudinal study
- Combination of interview and questionnaire to study motives of migration

Thank you!

Questions?



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